

A STUDENT WORKBOOK AND CONFIRMATION STUDY  
IN THE ESSENTIALS OF CHRISTIAN FAITH

**PROFOUNDLY**  
DISTINCTLY  
**CHRISTIAN**  
METHODIST

RYAN BARNETT & JASON VICKERS

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*To Rusty Freeman, Mark Swayze, Matt Pennington,  
and all the OG youth leaders . . . BTMD.*

*–Ryan Barnett*

*To Greg Kenerly, a splendid youth pastor.*

*–Jason Vickers*

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## HOW TO USE THIS WORKBOOK

Whether you have 1 or 101 young people gathered, you can use this curriculum effectively. We encourage you to gather with the youth and invite them to sit in small groups of no more than five or six. Each group will ideally have an adult group guide to help facilitate discussions and activities.

An adult leader should open each week in prayer and then go over the flow for the time together.

Next, share the icebreaker activity and have the small group(s) participate in it.

Call the group back to attention. Make sure that the youths have their workbooks out with pens at the ready. Share the learning goals for the week.

Then, have volunteers look up and read out loud for the group each of the Scripture verses that inform the lesson. Briefly go over the connection points which will serve as a small-group conversation guide later in the meeting.

Highlight the faith-in-action component for the week. This is an opportunity to invite young people to learn, internalize, and respond. If you ask them to do the faith-in-action assignment, if applicable, be sure to invite them to share their experience and offer feedback or collect their writings, read it carefully, and give them written feedback—affirming their effort, correcting any wrong doctrine, and encouraging them to keep thinking!

Next, name the end-of-course discussion topics. These are the subjects youth should be conversant in by the time the ten weeks are over and can

form the basis for ongoing conversation and/or an interview platform for youth who want to be confirmed.

Encourage the students to follow along with the lesson, fill in the blanks, and write notes and questions in the space provided.

Play the video lesson for the week which corresponds to the youth workbook. When the video is over, encourage the small groups to ask and answer the questions from the connection points.

Finally, explain the response activity and have the small groups engage in it, then present their work to the larger group (or to their parents at pickup time if you only have one small group).

Pray to close and encourage everyone to come back for the next week!

## MAKING THE CURRICULUM WORK FOR YOU

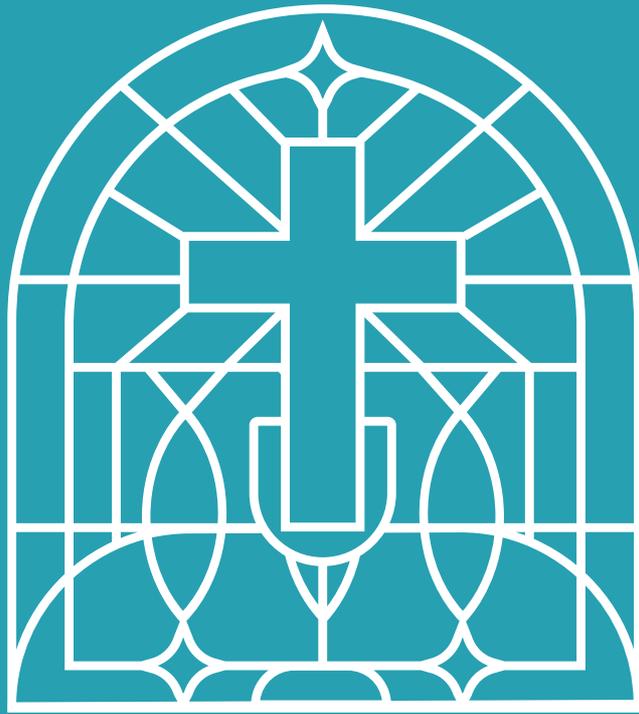
Using the curriculum in this way will likely take 1–1.5 hours. Our strongest encouragement is to (1) emphasize the teaching and (2) connect the youth in community.

The activities and format can easily be adapted to work best for your context. For instance, the connection points can also be a discussion guide for parents to talk to their kids instead of discussing them during the class. Likewise, you can decide whether you want to issue the assignments, make them optional, or not use them at all.

PART A

# PROFOUNDLY CHRISTIAN





# GOD AND CREATION

## SUPPLIES

- One workbook for each participant
- Pen/pencil for each participant
- One poster board for each small group
- One bundle of colored markers for each small group

## ICEBREAKER

Have each small group line up single file. Ask them to then arrange themselves from front to back according to the different qualifications you name. See which group can get in order the fastest or time the groups to see how long each task takes.

1. Tallest to shortest
2. Oldest to youngest
3. Darkest eye color to lightest

4. Alphabetical order by first name
5. Alphabetical order by last name
6. Alphabetical order by middle name
7. Feel free to make up your own!

## LEARNING GOALS

- God and creation
- The Trinity
- God's infinite attributes
- Divine providence, creation, and human beings

## END-OF-COURSE DISCUSSION TOPICS

- Describe the Trinity.
- Share who God is.

## SCRIPTURE

- Luke 3:21–22
- Psalm 8
- Isaiah 40:21–26

## VIDEO LESSON

Play the video teaching. Have the youths fill in the blanks and make notes following each point as needed.

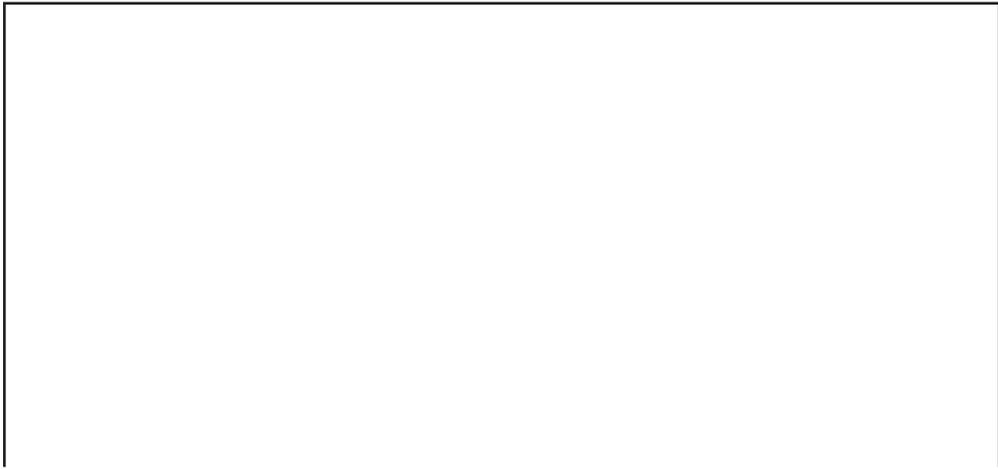
# GOD AND CREATION

## 1. DO YOU BELIEVE IN GOD?

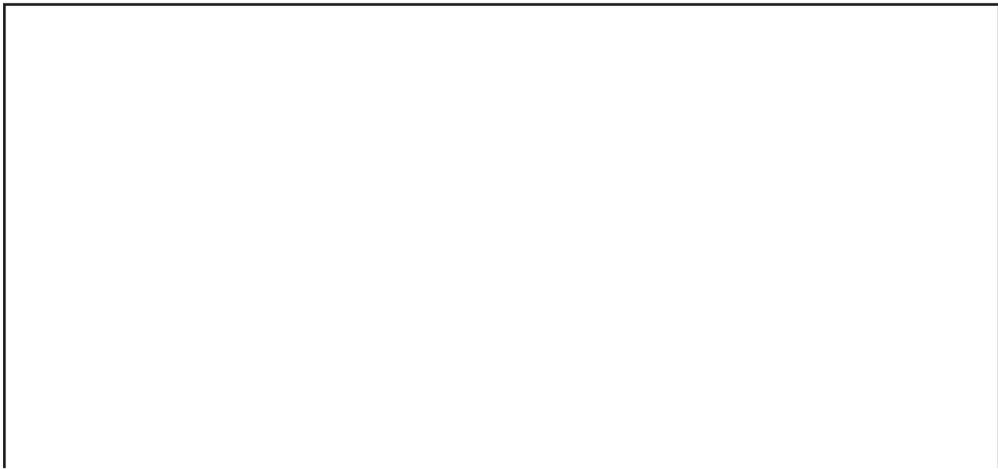
God is the primary \_\_\_\_\_ in all creation.

God has made \_\_\_\_\_ that there is. Nothing has been made that he did not make.

God is \_\_\_\_\_ on nothing.



\_\_\_\_\_ is contingent on God.



# THE TRINITY

## 2. WHO IS GOD?

## 3. WHAT IS THE MYSTERY OF THE TRINITY?

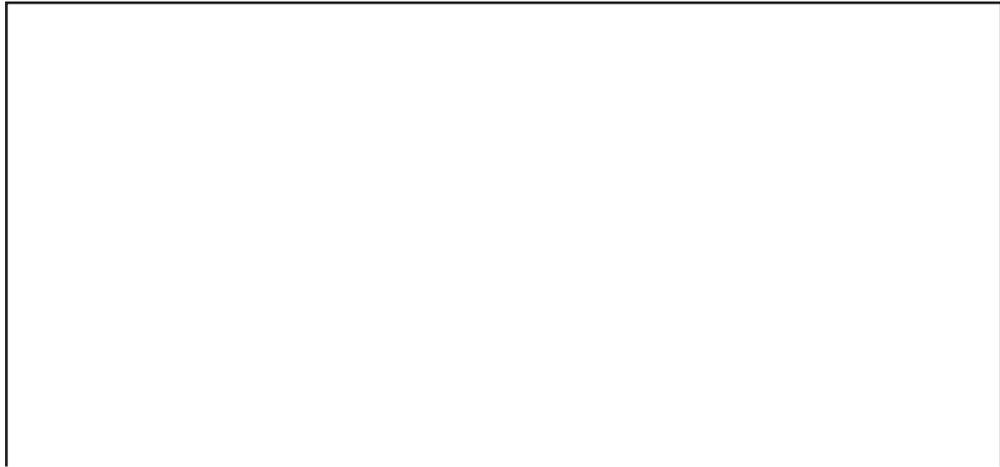
God is not \_\_\_\_\_, disinterested, or unengaged.



This is most clearly demonstrated in the \_\_\_\_\_ of the Trinity.



The \_\_\_\_\_ includes God the Father, Jesus the Son, and the Holy Spirit.



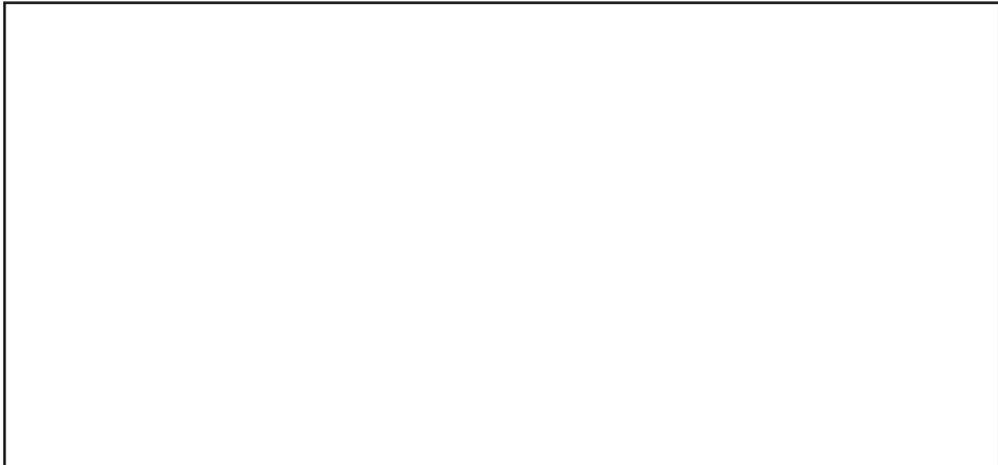
In the year AD 325, early church leaders had a meeting called the \_\_\_\_\_ of Nicaea.



At the meeting, they determined that Jesus was “\_\_\_\_\_”  
with the Father.



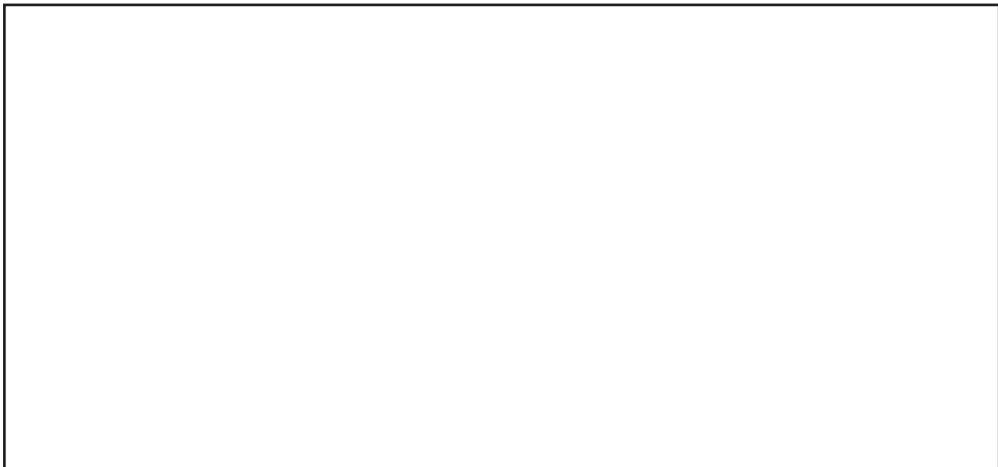
*Homoousios* is an important term that means Jesus is of the \_\_\_\_\_  
substance as the Father. The Father and Son share the same  
divine nature!



God is \_\_\_\_\_ in one.



Some common \_\_\_\_\_ would be the three states of H<sub>2</sub>O or the sun.



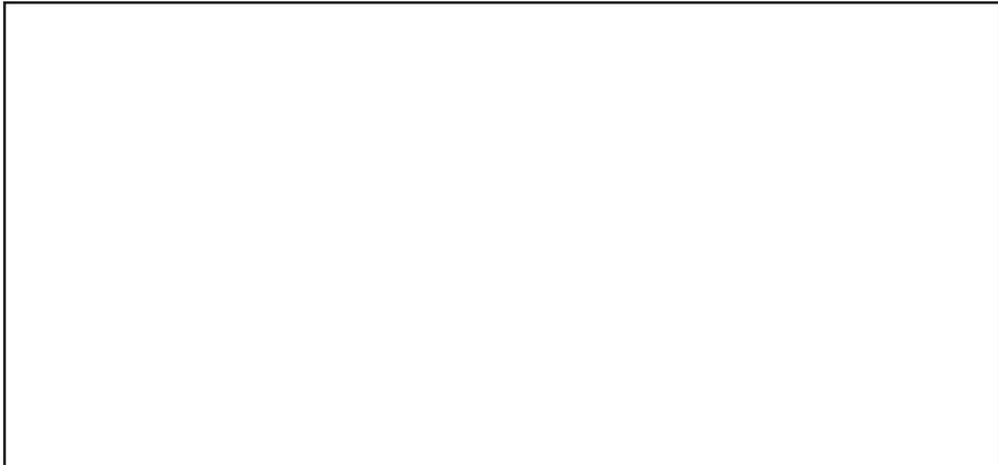
Thus, there is only \_\_\_\_\_ God, and he is Father, Son, and Holy Spirit!



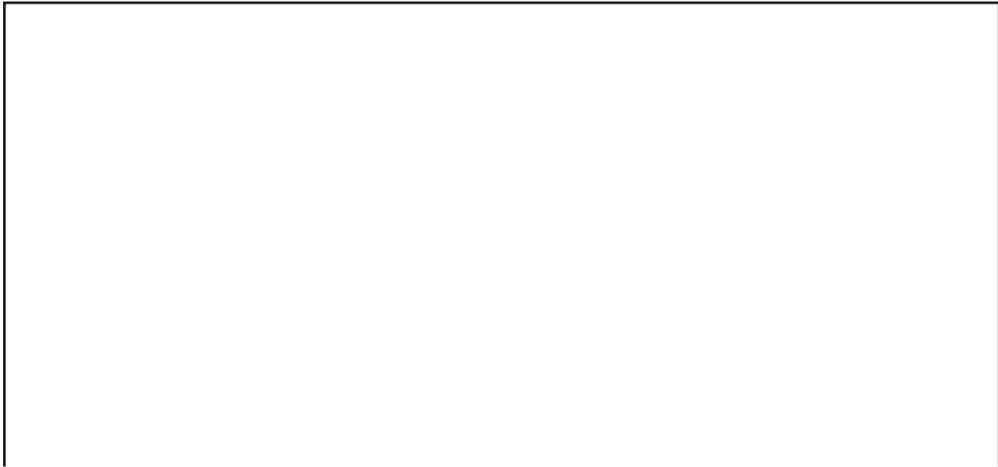
## **GOD'S INFINITE ATTRIBUTES**

### **4. HOW IS GOD ALMIGHTY?**

God has \_\_\_\_\_ attributes (characteristics) that we can experience.



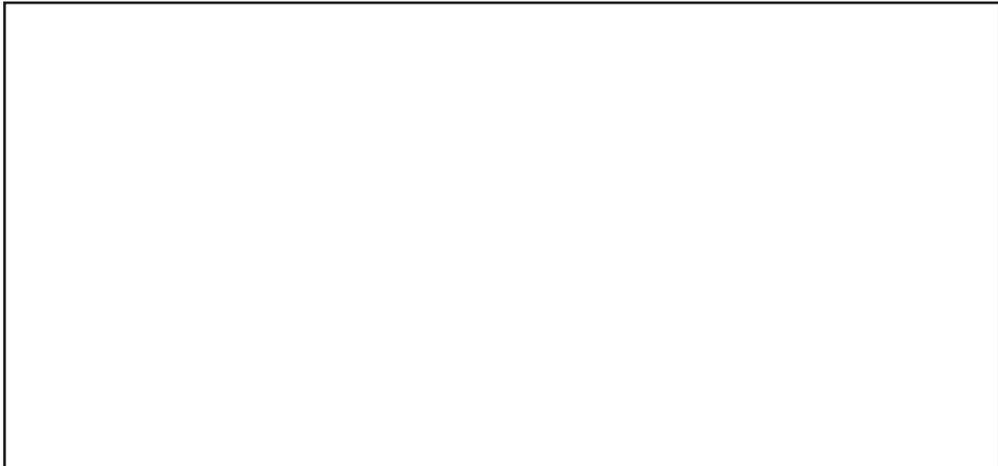
Some of these \_\_\_\_\_ include goodness, wisdom, justice, power, and love.



God's \_\_\_\_\_ is not defined by his attributes; rather, his personhood defines what those attributes are in their perfect form.



While it is appropriate to say, “God loves,” it is more complete to say,  
“God \_\_\_\_ love.”



## **DIVINE PROVIDENCE, CREATION, AND HUMAN BEINGS**

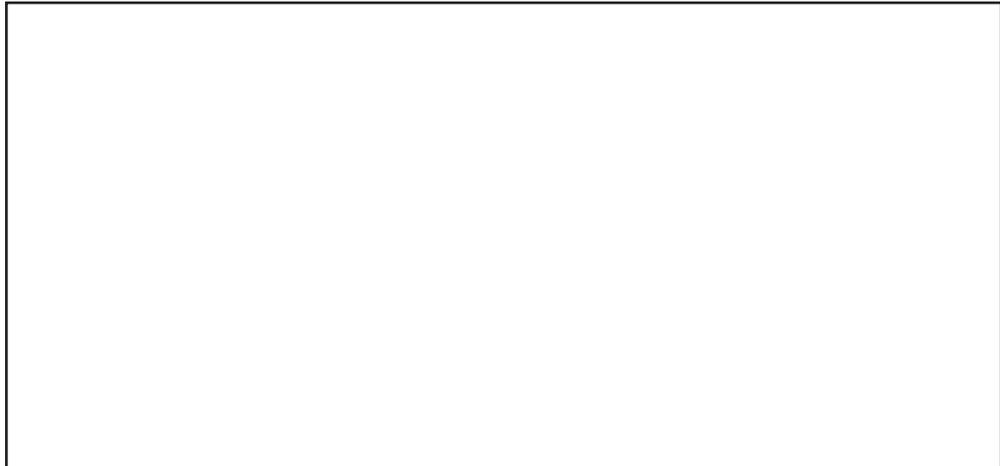
**5. WHAT IS GOD’S RELATION TO HEAVEN AND EARTH?**

**6. HOW DOES GOD RULE HEAVEN AND EARTH?**

God is \_\_\_\_\_. That means he is in charge!



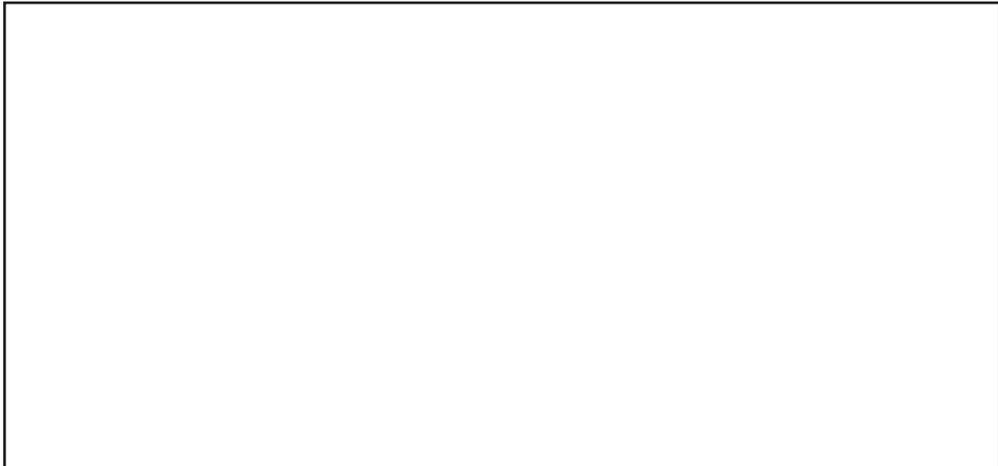
He is also \_\_\_\_\_, which means he does not change. God is love and always will be love; he is just and will always be just, etc.



All of creation, including human beings, belongs to God. He created it all and is \_\_\_\_\_ of it all.



God's infinite attributes reveal to us the \_\_\_\_\_ of ruler he is: gracious, loving, just, etc.



Because of who he is and his \_\_\_\_\_ to all creation, it is possible to both know about God and know God personally.



## CONNECTION POINTS

1. What is the difference between knowing God and knowing about God?
2. What are some ways we can know more about God?
3. What are some ways we can know God more?
4. Why do you think God created everything?
5. Does God change? What difference does that make to our lives?
6. How is God three and one?
7. Any other questions?
8. Share prayer concerns and praises, and end in prayer.

## RESPONSE ACTIVITY

Have the students make a poster as a small group that demonstrates who God is based on what you have learned today and share it.

## FAITH IN ACTION

- Write a prayer to God that demonstrates your understanding of him.
- Read your prayer to a parent or trusted friend in the faith.

## FILL-IN-THE-BLANK ANSWERS

1. mover, everything, contingent, everything
- 2.–3. distant, relationship, Trinity, Council, homoousios, same, three, illustrations, one
4. divine, attributes, personhood, is
- 5.–6. sovereign, immutable, ruler, type, connection

# GET READY TO JOURNEY INTO THE HEART OF DISCIPLESHIP!

This isn't just a class—it's a chance to take your faith personally and make it your own. *Profoundly Christian, Distinctly Methodist* is a ten-week journey through foundational beliefs. Whether you're preparing for confirmation or exploring what it means to follow Jesus, this workbook is built to help you grow—day by day, week by week.

You'll dive into these topics:

**WEEK 1: GOD AND CREATION**

**WEEK 2: JESUS CHRIST, THE SON OF GOD**

**WEEK 3: GOD, THE HOLY SPIRIT**

**WEEK 4: THE CHURCH**

**WEEK 5: FUTURE HOPE**

**WEEK 6: THE WORD**

**WEEK 7: THE SACRAMENTS**

**WEEK 8: SIN**

**WEEK 9: GRACE AND JUSTIFICATION**

**WEEK 10: SANCTIFICATION AND CHRISTIAN PERFECTION**

Each day brings you Scripture, reflection, and space to write your thoughts. Each week brings new truth to explore and questions worth asking—both on your own and with your group. Whether you're reading this with a confirmation class, small group, or trusted mentor, this guide will help you connect what you believe with how you live.

Rooted in the *Catechism of Christian Faith and Doctrine for the Global Methodist Church*, this book isn't about information—it's about transformation. Our prayer is that when you finish this journey, you'll be left with a deeper faith and a clearer purpose.



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